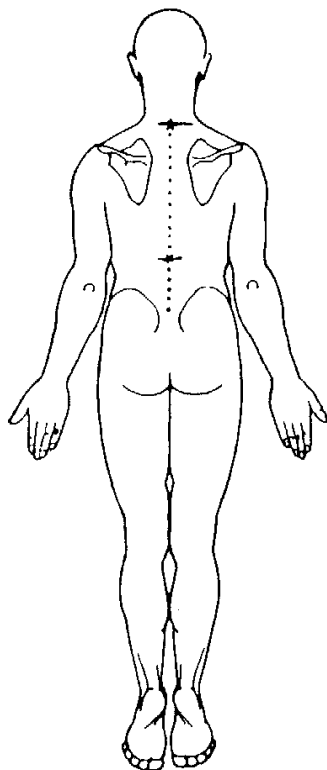
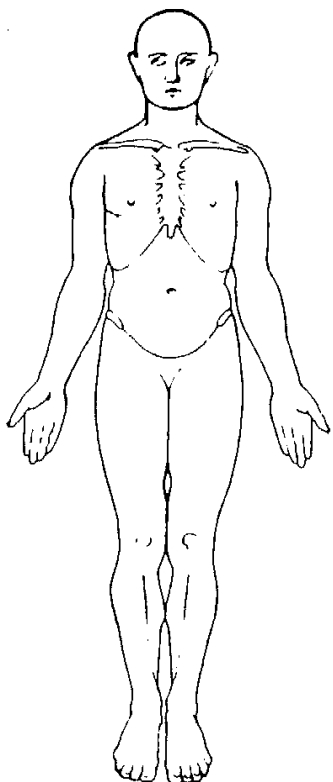
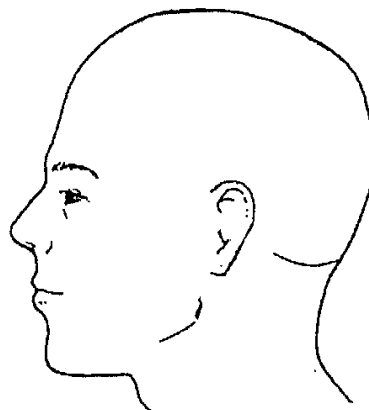
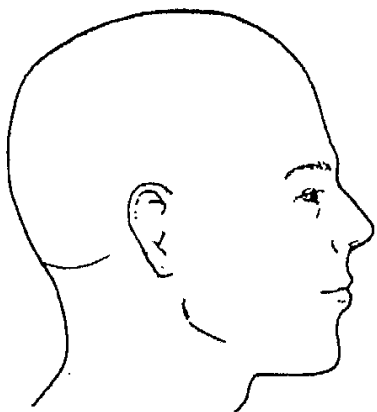
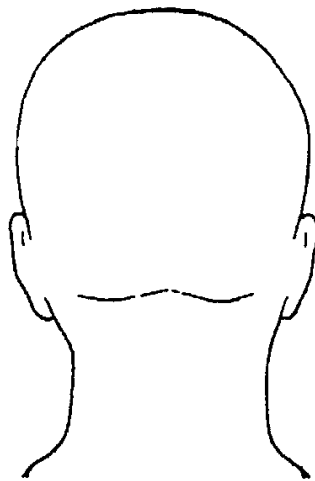
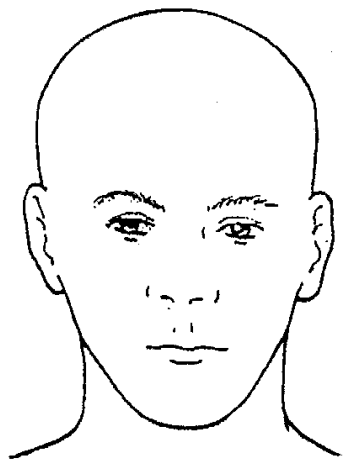


APPENDIX 1

ASSESSMENT and TREATMENT RECORDS



Date:

Initial onset:

Why?:

Progression:

Prior investigations/examinations/treatment:

Frequency:

Precipitating/aggravating factors:

Last headache:

Course:

Duration:

Intensity:

Response to medication:

Relieving factors:

Pre headache:

Associated features:

Dizziness:

Diplopia/Visual disturbances:

Dysarthria:

Drop attacks:

Vomiting:

Dysphagia:

Nausea:

Family history:

General health:

Medication:

Weight loss:

Cord signs:

Radiological investigations:

Surgery:

Check list:

Length of Hx:

Onset > 50 years? Y / N

CT/MRI head scan? Y / N

Medical assessment required? Y / N

Stability assessment required? Y / N

Stable? Y / N

Neurological assessment? Y / N

Secondary h/a? possibly/unlikely

VA assessment required? Y / N

Explanation: VA assessment and warning

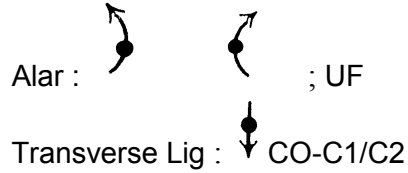
pathophysiology of cervicogenic cause or contribution to headache

continuum concept of headache assessment, treatment and expectations



Headache: Y / N Posture:
Vertebro basilar arterial status:

Retraction:
Stability:



Prone:

C2 SP (L) / (R)?



C3 ↓ + uf

C2 ↓ + ce (+uf) + ↓ @60

C2 ↓ @30 (+ce)

C2 ↓ + ce (+uf) + ↓ @60

C2 ↓ @30 (+ ce)

C1 ↓ + uf

C1 ↓ + uf

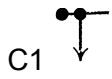
C1 ↓ + uf + uf

C1 ↓ + uf + uf

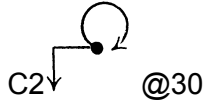
Supine/sidelying(C1):

C1 ↓ + uf

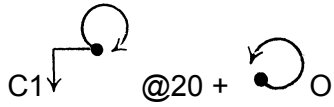




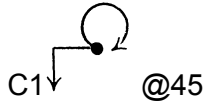
+ uf



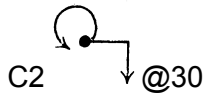
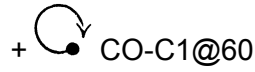
(+ce)



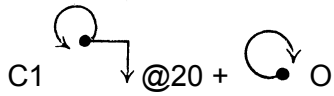
+ uf (+uf)



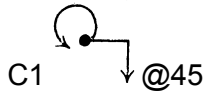
(+ uf)



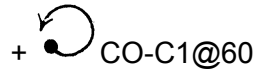
(+ce)



+uf (+uf)



(+ uf)



Other tests:

Rx and plan:

